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| **\_\_\_\_\_\_\_\_\_\_’s Day of ZONES** |
| Blue Zonehttp://www.coloring-book.info/coloring/img_src/Inside-Out/1-Inside-Out.gif | Green Zonehttps://encrypted-tbn2.gstatic.com/images?q=tbn:ANd9GcSVR2SJjoVj75cCoZHZgNbGs8-M3y7TdH4lyfQe0Sam85nY2Yq9 | Yellow Zonehttp://g-ecx.images-amazon.com/images/G/01/aplusautomation/vendorimages/350de2f6-3c5f-41ca-b4f1-abae248f76e3._CB318117204__SL300__.jpg | Red Zonehttps://encrypted-tbn3.gstatic.com/images?q=tbn:ANd9GcS5yovhu7-SXYUAdKv6fo45sOEvI4lZ3xlBxvXBaLNZLD2pt0oqiQ |
| **When this happens…** | **When this happens…** | **When this happens…**  | **When this happens…** |
| I might feel… | I might feel… | I might feel… | I might feel… |
|  |  |  |  |
| I might look/sound like… | I might look/sound like… | I might look/sound like… | I might look/sound like… |
|  |   |  |  |
| **I can…** | I can… | **I can…** | **I can…** |