

Character Climb Pilot



Brick Mill Elementary School

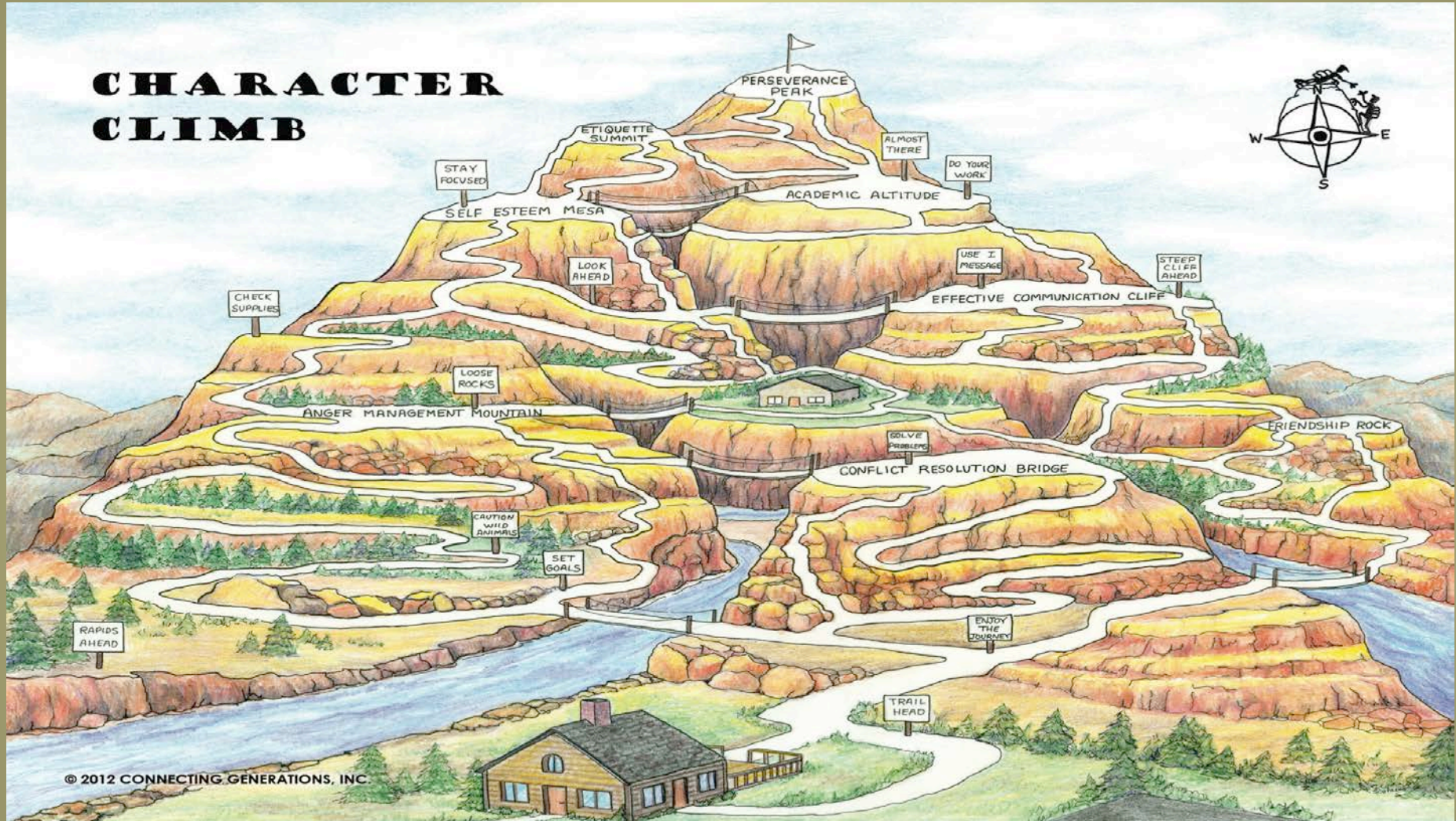


What Is Character Climb?

Character Climb, a SEL program, leads student pairs on a journey up Character Climb Mountain. Students in 4th and 5th grade are trained to work with younger students in Kindergarten through 2nd grade. Once matched, pairs meet weekly. Each participant in this relationship builds their character, enriches their confidence, nurtures their self-esteem, and strengthens social and emotional skills. The older students, known as Guides, also improve their leadership skills. They learn about responsibility through the commitment they make to their Climber.



SEL Areas



**Self Esteem * Friendship * Anger Management * Conflict Resolution *
Communication * Etiquette * Academics**

Pilot Elementary (K – 5) Schools

Grade Levels Covered

This program is targeted at Elementary schools that serve Kindergarten/1st grade students through 5th grade.

- **(2013) John M. Clayton - Indian River**
- **(2013) Richardson Park - Red Clay**
- **(2014) Baltz - Red Clay**
- **(2014) Brick Mill - Appoquinimink**
- **(2014) Phillip Showell - Indian River**
- **(2014) South Dover - Capital**
- **(2016) Elbert-Palmer - Christiana**
- **(2016) Hanby – Brandywine**

What Character Climb Offers

- Training for Site Coordinators
- Training for Guides
- Technical Assistance
- Activities for pairs
- Materials
- Pre/Post Evaluations and reports

Research Foundations of Character Climb

- National Peer Helping Association Standards
- CASEL Framework

Evidence Based Programs we have compared to Character Climb:

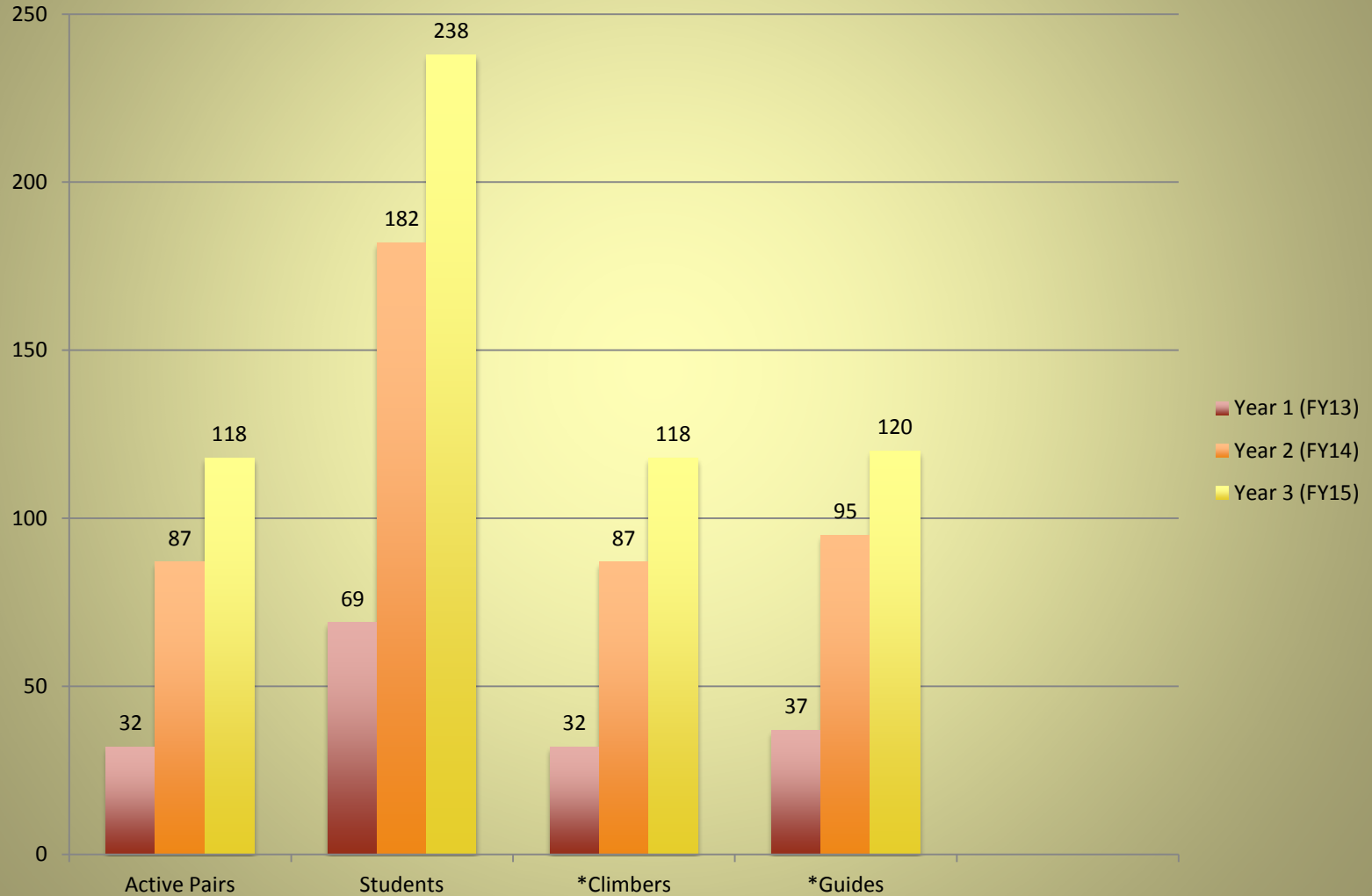
- **HighScope Program**
- **I Can Problem Solve**
- **ACHIEVE**
- **PATHS**
- **SOAR**

Findings

- Early feedback indicates that this program reduced absences, as well as, behavioral and anger referrals. Students have also demonstrated improved academics, self-esteem, and positive behavior traits. Lastly, students have exhibited assertiveness within their peer groups and speaking out towards behaviors that are inappropriate.

Student Involvement

*Actual



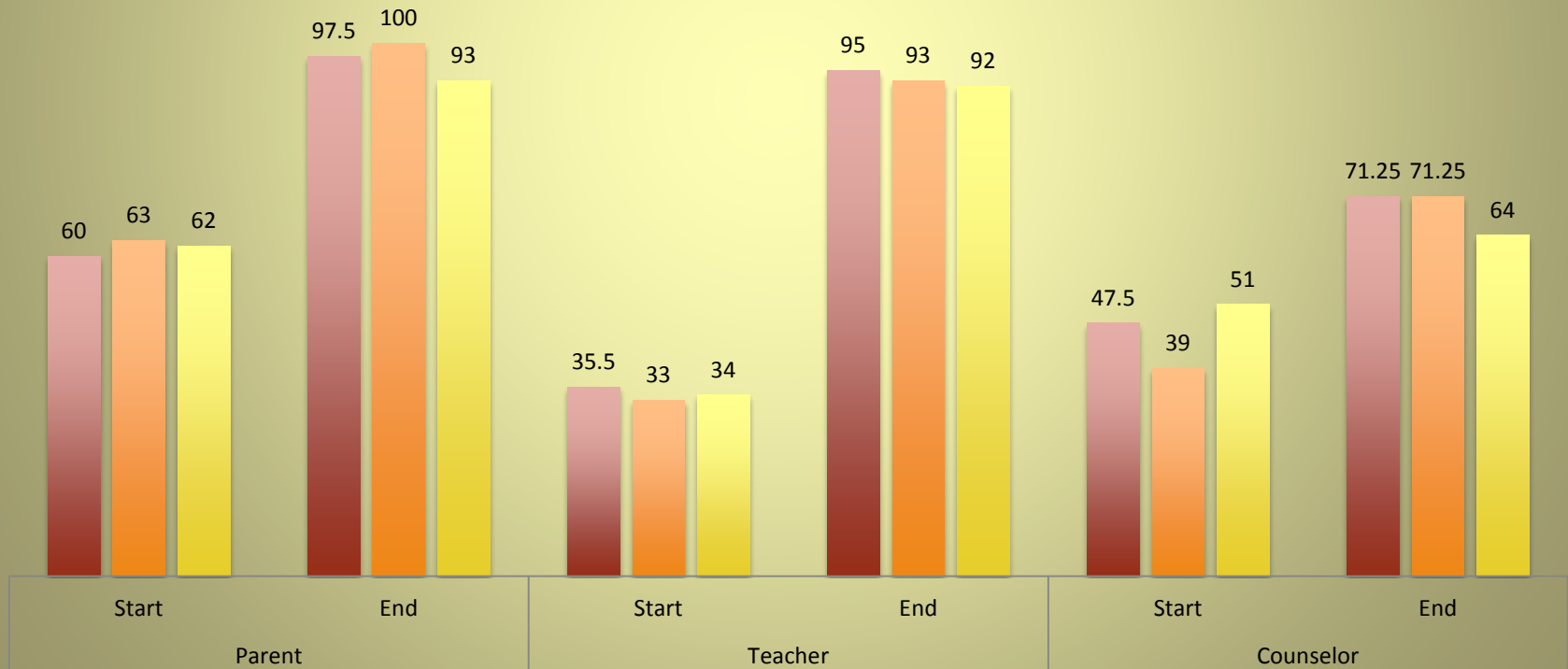
Observer's Report

*Number represents the % of respondent's opinions not the number of students

FY2014

Student Development

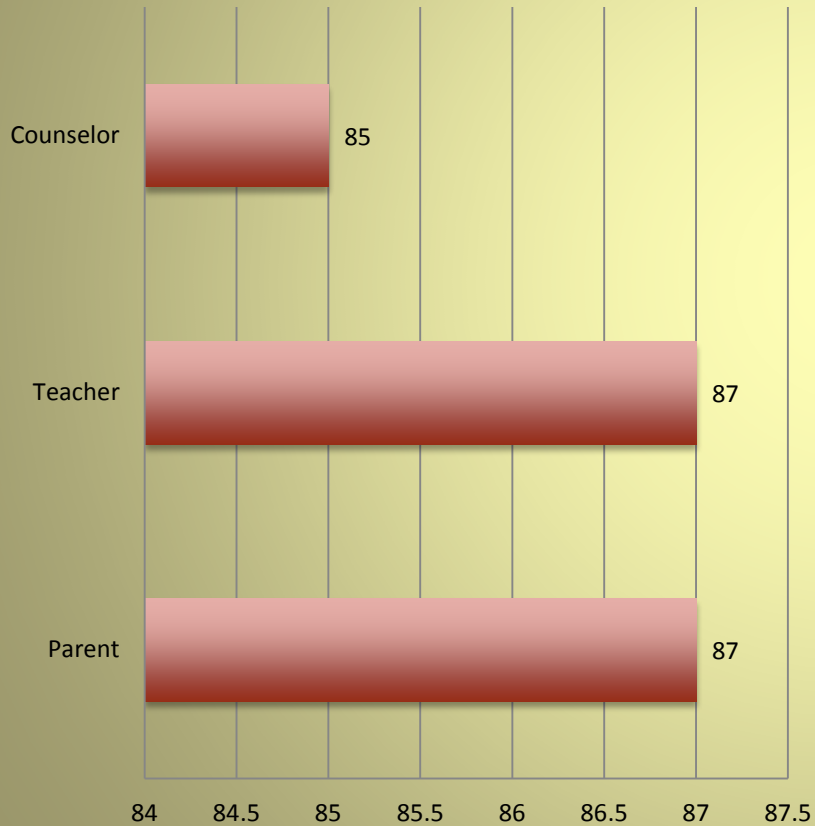
■ Positive Relationships Observed ■ Healthy Sense of Self Worth ■ Healthy Management of Emotions



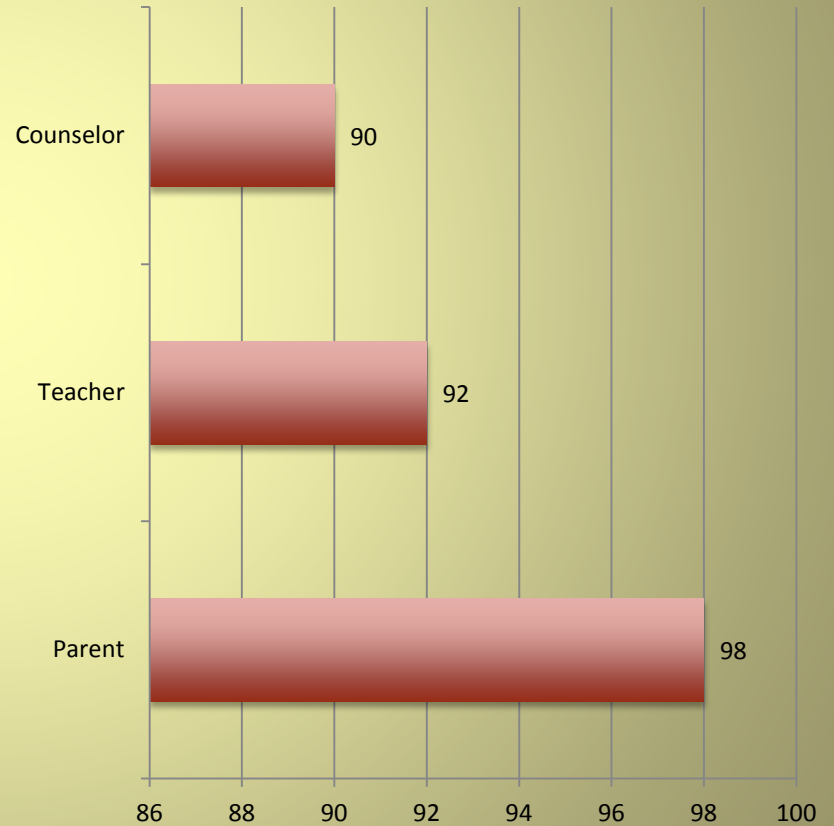
Our Program

*Number represents the % of respondent's opinions not the number of students

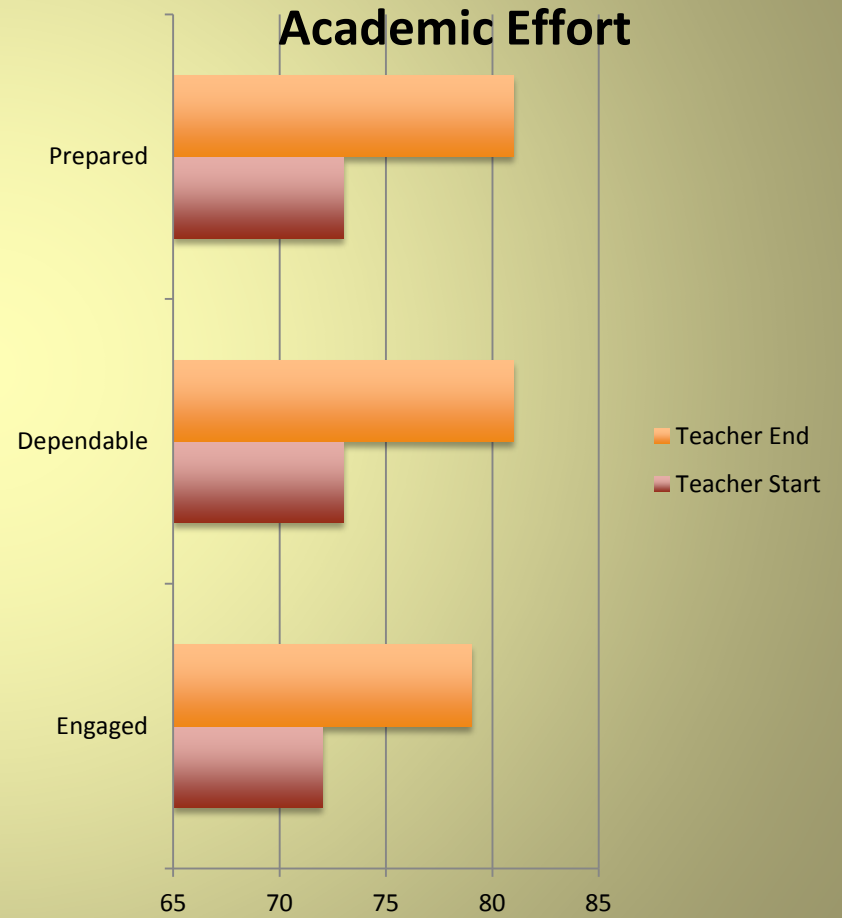
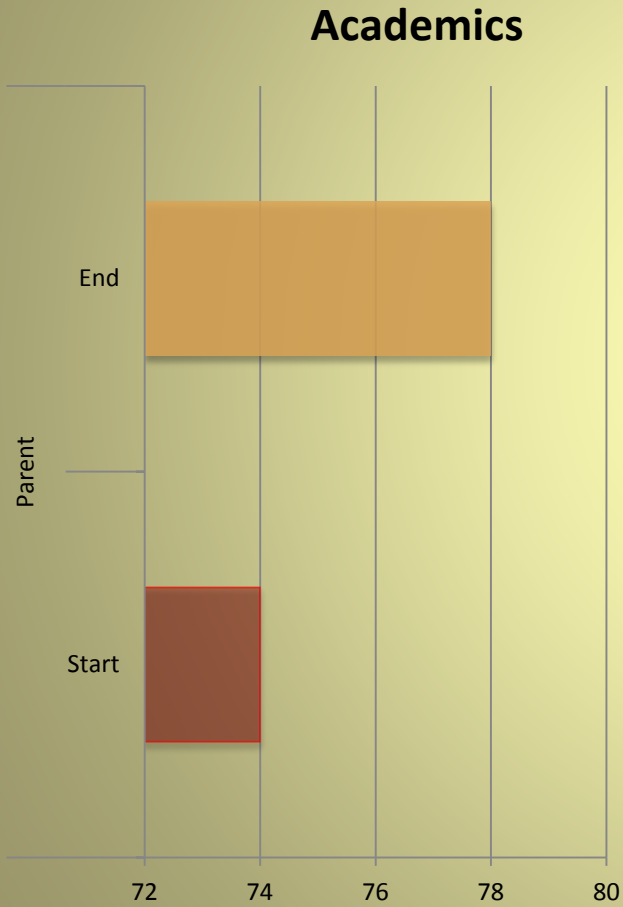
Effectiveness Rating



Positive Impact of CC



Academics



How is it Accomplished?

Peer Helping

- Peer Counseling
- Peer Tutoring
- Peer Mediation
- Peer Mentoring

Leadership Development

Service Learning

Common Goals of PBS & CC

- Character Climb supports Tier 1 & Tier 2 students in the Multi-Tiered System of Support framework.
- Team Based
- Data driven through pre/post evaluations for Students, Parents, Counselors and Teachers
- Focuses on the following:
 - Responsible decision making
 - Self-management of emotions & behaviors
 - Relationship skills
 - Social awareness
 - Self awareness

The Brick Mill Experience

2012-2013

PBS Key Features Evaluation & School Climate Survey
need to improve Student/Student Relations and
suggested adding a Peer Mentoring/Tutoring
Program.

The Brick Mill Experience

2013-2014

Fall Team Trained

School Psychologist, ED, Interventionist,
1st Grade Teacher, ESL Teacher & Counselor

Nov/Dec

Applications

Jan/Feb

Training of Students by CC Staff

Feb-May

CC Sessions begin

The Brick Mill Experience

2013-2014

12 Matches (4th/1st Graders)

Guides sought out opportunities to spend more time with climbers at whole school assemblies, fundraising events such as Bubbles for Autism, Walk A Thon, Field Day.

The Brick Mill Experience

2014-2015

Oct

Applications

Nov/Dec

Training In-house

January – May

CC Sessions

The Brick Mill Experience

2014-2015

23 matches 2 Alternates

12 5th/2nd grade matches

13 4th/1st grade matches

18 sessions = 207 hours

Whole Group Team Building to enhance matches

Students tracked journey each week

Targeted 1 Guide using CC as Tier 2 Intervention

The Brick Mill Experience

2015-2016

Early Sep

80+ Applications

Sep/Oct

Guides Trained In-house during PLC

Nov- May

CC Sessions

The Brick Mill Experience

2015-2016

Targeting more Guides for CC as Tier 2 Intervention
Progress Monitoring for Tier 2 Students
Evaluation for Intervention for Climbers

Training additional students to assign to a 1st/2nd
grader in need of support.
Using PLC Time, 75 minutes/week

Reflect and Circle one number to show growth before the activity, after the activity and then the following week.

Climber Name _____ Date: _____

BEFORE ACTIVITY

Anger: How well can I handle my anger? Circle one number



Not so Good

OK

Pretty Good

Great

1 2 3 4 5 6 7 8 9 10

AFTER ACTIVITY

Anger: How well can I handle my anger? Circle one number



Not so Good

OK

Pretty Good

Great

1 2 3 4 5 6 7 8 9 10

FOLLOWING WEEK

Anger: How well can I handle my anger? Circle one number



Not so Good

OK

Pretty Good

Great

1 2 3 4 5 6 7 8 9 10

Guide Reflection Sheet

Buddy Name: _____

Date: _____

Reflecting on this week's session with my climber

Did I tell my climber about confidentiality? YES

NO

How well did I listen?

Not so Good OK Pretty Good Great

How well did I encourage learning and help with schoolwork?

Not so Good OK Pretty Good Great

How well did I do helping to build my climber's self confidence and skills?

Not so Good OK Pretty Good Great

How well did I help my climber set and achieve goals this week?

Not so Good OK Pretty Good Great

How much fun do you think your climber had this week??

None A bit Some Good Amount Alot

What did you do especially well this week?

What will you focus on next time to improve upon?

The Brick Mill Experience

“With Character Climb, we have tapped our internal resources to impact both our older students and younger students in a program where relationship skills as well as academic success skills are taught and practiced.”