

Reflective Action Plan

The following action plan can be completed by students to help them reflect on their behavior and problem solve to prevent future behavior problems.

This Reflective Action Plan is written to help _____ (student's name) to be responsible for his own behavior and not to _____ (the problem behavior).

This is why I did it: _____

It is understood that there are several good reasons why it is important not to _____ (the problem behavior). They are:

The punishment this time is: _____

The punishment next time will be: _____

What are 3 more good reasons why this behavior is wrong?

1. _____
2. _____
3. _____

To correct or fix the problem now, I will: _____

Instead of doing the same thing next time, I will:

Think this: _____

Do this: _____

Please check one of the following:

- I need to be taught or shown how to do this.
 I already know how to do this.

Other than not getting into trouble again, here's why it is important not to do what I did before and instead do the following:

Here's what others might do to help me:
